

Health & Safety Protocols

during Covid-19 Pandemic, summer 2020
Forest Hill Presbyterian Church

- We will wear **FACE MASKS**. This one respectful step greatly reduces the risk of transmitting any virus through the air as we gather. The Session kindly asks everyone to sacrifice a little comfort to keep those more vulnerable safe. If you have a mask, do bring it. If you do not have one, cloth face masks will be available to you in a basket just outside the sanctuary.
- Please **maintain a 6+ foot distance** between you and others as you move about the building. We will refrain from shaking hands.
- We will share the **Lord's Supper in spirit and not in body** at this time – so as to not be removing our masks in the presence of one another at this time.
- To reduce the risk of spreading the virus through aerosols (minute droplets of moisture expelled from our mouths as we breath), **we will refrain from singing together**, and the women's ensemble will not meet and sing during this time. As Dr. Patrick Carlin, Minister of Music, guides us through each hymn, you are encouraged to follow along, reading and meditating on the words and message of each refrain.
- **We will space out in our large sanctuary**, using only every third pew, in order to maintain the 6 foot distance. Pews are roped off to indicate usable pews.
- Instead of our usual hugs and handshakes during the Passing of the Peace, we will take the moment to stand in our places, catch

one another's eyes, and **offer our greetings through waves and nods.**

- There will be a musical interlude for the offertory. **The offering plates**, however, will not be passed around but **stationary** at the back of the sanctuary.
- **Zoom "Broadcast** – for those unable to return in person at this time, we invite you to continue worshipping with us through Zoom. A link to the service and related materials will be sent in each weekly email, and the zoom link will be the same each time. Tech support will be offered by Gay Olsen.
- **Bathrooms** - Let us concentrate on the safest bathroom habits. Use a tissue or glove to separate your hand/skin from the doors, handles and knobs. ALWAYS wash with soap, scrubbing for 20 seconds. Let us have only one person at a time using the sinks. In this way, may we keep our bodily fluids and germs safely to ourselves.
- **Cleaning** - We are stepping up our cleaning and sanitizing efforts both before and after each worship gathering. Know that the sanctuary only gets used on Sundays.
- **Social Hour** - Phylliss and Gay have truly restored the courtyard to mint condition. Anyone wishing to greet one another and fellowship may gather, masked and socially distanced, in the fresh air of the courtyard. We will not share food and drink with one another at this time.
- **Hand Sanitizer** will be provided in high-traffic areas.